



alaska cardiovascular  
**HEALTHPROGRAM**  
MAKING THE CHOICE FOR LIFE



# Putting the pieces together

**Statewide Efforts to Prevent Cardiovascular Disease**

Policies, Programs, and Environmental Supports for  
Physical Activity and Risk Reduction



# statewide efforts to prevent cardiovascular disease

## **policies, programs, and environmental supports for physical activity and risk reduction**

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**Frank H. Murkowski, Governor**  
State of Alaska



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